

### MARUHABA Welcome

Hello beautiful people!

Kihineh! Kihineh! (How are you ?) A world of possibilities awaits you here at Veyo Spa. Embark on a journey of endless healing experiences to restart, refocus, and reconnect to balance the body, mind, and soul.

Veyo in Dhivehi means vine, it is inspired from the lush tropical vegetation surrounding the Spa, it shows symbolism for connection together with eternity.

Veyo is a haven inspired by its natural and peaceful surroundings. The Spa is set within the grounds of a lovely tropical island, complete with spacious treatment villas, relaxation areas and hydro facilities.
It has an innate mix of curated therapies and wellness sessions in addition to state-of-the-art facilities dedicated to our guests' wellbeing.
Our treatment menu presents combinations of ancient healing therapies.

Our treatment menu presents combinations of ancient healing therapies, taking inspiration from both eastern and western practices, exclusive treatment offers and holistic and transformative journey and experiences. At Veyo Spa, our purpose is for our guests to feel heard, nurtured and healed. Our Hakeemas and Hakeems (Therapists) are here to create an amazing experience with you in which we deliver results by improving both health and wellness of our guests.

> Shukuriyaa (Thank you) Veyo Team







#### **TO SUPPORT OUR LOCAL ARTISANS AND WELLNESS PRODUCT BRANDS WE INTRODUCE TO YOU, ATOLL COCO**

Founded in the Maldives, Atoll Coco promotes self-love and healing through a range of organic products for your self-care routine. The treatment oils are formulated with naturally driven ingredients to give the organic love your body deserves.

> Kihineh! Kihineh! (How are you?) Experience a modern Maldivian therapy!

RF 90 MINS | \$315/PERSON

Relax and unwind with a full body massage using traditional Maldivian medicinal oil to alleviate muscular pain and tension. Veyo Signature also includes a foot reflexology for ultimate relaxation. The treatment ends with the healing sound of the singing bowls.

Our 60mins massage includes back, foot, and a head massage. The treatment ends with the therapeutic sound of the singing bowls.



Indulge in the exotic island treats of scrubs, with a choice of sand and rice grain with coconut to exfoliate leaving your skin silky smooth, hydrated and nourished.



This treatment relaxes the muscles situated in the back, neck and shoulder. A scalp massage also calms a stressed and tired mind, A traditional Maldivian herbal oil is used to nourish the hair and bring serenity to the mind.



Soothe and rehydrate sun exposed skin with this cooling treatment delight.







#### **VEYO BEAUTY REVEALING FACIAL 60 MINS | \$215/PERSON**

A moisture boost for all skin types, particularly dehydrated skin. Absolute Hydration Concentrate, Ultra Hydra Marine Mask and Hydra-Marine 24H Cream from Thalgo's innovative source marine range of products. Moisturize and nourish your skin, improving its tone and texture, leaving it soft, supple and glowing.

#### ANTI -AGEING HYALURONIC FACIAL 75 MINS | \$296/PERSON

Enjoy immediate results thanks to Marine Hyaluronic Acid molecules, which optimizes the absorption of active ingredients. Wrinkles are gently erased, one by one, with Thalgo's unique Resurfacing Cream. A special massage technique provides precise skin stimulation, letting every wrinkle drink in the hyaluronic acid. The double Hyaluronic Mask will plump up your entire face and fill even deep wrinkles.

### BAIYERIN Pariners

At Up Circle Beauty we make sustainable skincare products from ingredients that would otherwise be wasted. Each of our vegan, natural & handmade products contain at least one repurposed ingredient, and are housed in recyclable & reusable packaging. We rescue & reuse more than ten by-products from varied industries – coffee grounds from cafes in London, date seeds from farmers in Israel (providing an extra source of income), even chamomile stems from the tea industry aren't safe from the Up Circle magic. Which other skincare companies can claim their products have saved literally hundreds of tons of skin-loving ingredients from ending up in landfill? Up Circle can.







#### **UPCIRCLE FACE 60MINS | \$215/PERSON**

With Up Circle our guests get to enjoy the uplifting benefits of nature's own skin rejuvenators. Indulge in a relaxing facial which is suitable for all skin types skin is deeply cleansed, nourished and hydrated. The highest quality ingredients for the best possible results. You will feel the difference.

#### **UPCIRCLE SCRUB 60MINS | \$139/PERSON**

Two award-winning exfoliating Coffee Body Scrubs with a base of sea salt and shea butter coconut oil. Choose between coffee body scrub with lemongrass or coffee body scrub with peppermint. Buff away dry dead cells to leave skin feeling smooth and refreshed. Packed with antioxidant-rich caffeine, help to boost blood flow and reduce cellulite. Our scrubs are made with top-quality Arabica coffee grounds sourced from artisan coffee shops.

#### **UPCIRCLE BLISSFUL ESCAPE 150MINS | \$499/PERSON**

A journey that will allow you to escape and return feeling muscle tension dissolved and skin luminous and glowing. Love yourself in an indulgent experience with bath ritual that includes our award winning Up Circle scrub. Breathe exotic aroma as your body is then exfoliated followed by a Veyo signature massage. Blocked energy will disperse and tension will be soothed. An Intuitive and deep tissue techniques on the back and legs will dissolve tension as stress drifts away. A refresher facial concludes this ritual leaving you in a state of pure bliss.

## PACKAGES

#### VEYO HONEYMOON PACKAGE 120 MINS | \$396/PERSON

Allow us to pamper you with a coffee body scrub packed with antioxidant-rich caffeine, helping boost blood flow and reduce cellulite. An intuitive massage where your Hakeem will evaluate your needs and treat your individual aches and pains.
Using Maldivian coconut oil, we will combine a deep pressure massage along with stretching technique to make you feel as good as new.

#### **VEYO COUPLES RETREAT 105 MINS | \$669/COUPLE**

The perfect treatment for couples. You can enjoy a relaxing massage and soothing Veyo Facial to complete your sense of well-being. Spoiling yourself with a glass of Taittinger champagne together with Siyam World chocolate/cookies while feeling free with your own comfort.





#### RESET PACKAGE 3 DAYS \$730 / 5 DAYS \$953 / 7 DAYS \$1323

Coffee Body Scrub Algae Detox Wrap

Jet Lag Recovery

Balinese Up Circle Face

Lymphatic Drainage Treatment Detox Stimulating Massage

> Deep Tissue Massage Shirodhara

Coffee Body Scrub Algae Detox Wrap

Thai Massage Mini Manicure/ Pedicure

Day 6

Day 5

Day

Day 2

Day 3

Jan

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Day 7

- 30 min 60 min
- 90 min
- 60 min 30 min
- 30 min 60 min
- 60 min 30 min
- 30 min 60 min

60 min 30 min

#### BODY & MIND DETOX 3 DAYS \$730 / 5 DAYS \$953 / 7 DAYS \$1323

Day 1 Day 2 Day 3 Day 5 Day 6 Day 7

Pilates Balinese massage

Personalized yoga Coffee Scrub

Meditation Veyo Signature 60mins

Yoga nidra Algae detox body wrap

Yogic breathing Detox stimulating massage

> Yoga for back pain Foot reflexology

Reiki Back neck and shoulder 30 min 60 min

60 min 30 min

30 min 60 min

60 min 30 min

30 min 60 min

60 min 30 min

60 min 30 min





## Aroundhe Vorld

Choose your treatment and leave your well-being to us. We have massage therapies from all over the world just for you.

#### BALINESE 60/90 MINS | \$155/\$232/PERSON

Long sweeping strokes working along the energy lines of the body, combined with therapeutic pressure points to release and ensure that you are left feeling both calm and refreshed.

#### **DEEP 60/90 MINS | \$169/\$252/PERSON**

We combine stimulating herbs with deep control of your muscles as well as connective tissue, to unleash tension in sore, tight muscles and increase joint movement. This treatment is highly recommended for anyone doing repetitive vigorous sports or exercises.

#### THAI YOGA MASSAGE 90 MINS | \$269/PERSON

A Traditional Thai massage with deep pressure and intense stretching without the use of oil to energize and refresh both the body and mind.

#### HOT STONE MASSAGE 90 MINS | \$269/PERSON

Lose yourself in an ancient healing therapy to relax the tight muscles with warm stone. This treatment is ideal to relieve muscle spasm and it helps the body get rid of toxins and stimulate blood flow.

#### AROMA THERAPY 60/90 MINS | \$150/\$225/PERSON

A gentle and soothing massage technique to relax both mind and body. Let the tension in your body melt away, whilst beautiful aromatherapy oils and caring hands soothe your body and calm your mind. Combining a range of relaxation techniques and slow rhythmic-like movements to enhance relaxation and promote a sense of wellbeing and tranquility within.

#### MOTHER TO BE 60/90 MINS | \$150/\$225/PERSON

This treatment uses a gentle pressure with soothing palm movements over the body to relax and alleviate stress during pregnancy. Our nourishing coconut oil will leave the skin feeling smooth.





### HOLISTIC & AYURVEDIC herapies

#### ABHYANGA MASSAGE 60 MINS | \$179/PERSON

Abhyanga is performed with herbal oils infused with relaxing Ayurvedic herbs. This personalized massage therapy is soothing and gentle allowing your body to deeply relax and release all built-up stress and tensions.

#### SHIRODHARA 60 MINS | \$199/PERSON

Enliven your senses and awaken your body with an invigorating upper body massage designed to balance your body's energy. Float into sublime relaxation as our signature Ayurvedic herbal oils gently flow endlessly over your forehead, which is also known as the third eye. The flow of the warm oil creates a reflex balancing effect on the deepest recesses of the brain and induces a blissful state of mind and body consciousness. This treatment is most effective when combined as a course of 3 individual sessions.

#### FOOT REFLEXOLOGY 30/60 MINS | \$119/\$154/PERSON

This specialized treatment focuses on a reflex point on the feet, triggers energy lines to assist in the alleviation of stress and tension as well as to improve circulation, restoring the body's natural balance.

# BODY

#### THALGO SEAWEED BODY WRAP 60 MINS | \$179/PERSON

This treatment will start with a dry brush to stimulate your lymphatic system followed by an seaweed body wrap which is super rich in minerals and proteins that aid in detoxifying the body. Whilst you're relaxing in a soothing wrap, you will receive a stimulating and relaxing scalp massage with a deep nourishing cream, leaving your skin soft and supple





## NAIL-CARE reament

Treat your hands and feet like treasures and get your nails done the way you deserve. Treat yourself today!

> MANICURE 60 MINS | \$110 PEDICURE 60 MINS | \$122 MANICURE & PEDICURE 90 MINS | \$199

### HAIR-CARE reament

A hair care routine is a must have! Visit our Studio Specialist for a new style for a new you. Go for the look you want with the lifestyle you deserve.

WASH & BLOW DRY (SHORT & MEDIUM) | \$79 WASH & BLOW DRY (LONG) | \$89 LADIES HAIR CUT | \$99 GENTS HAIR CUT | \$63





## DHUBHAHEYO Velhess

Explore the hidden winding pathways of the lush tropical spa gardens and you will discover the Mind and Body Movement Pavilion. The pavilion is a centre for self-discovery, inner purification and contemplation. Embark on a journey to enhanced well-being by joining our Internationally Certified Wellness and Yoga Instructors in one of our daily classes located in the Pavilion. We offer a range of group and private classes and tailored programs to help you achieve your goals.

PRIVATE YOGA OR MEDITATION SESSION 60 MIN | \$85/PERSON PRIVATE PILATES SESSION 60 MIN | \$85/PERSON PRIVATE COUPLE SESSION 60MINS | \$110 **GROUP YOGA SESSION 60 MINS | \$35/PERSON (LIMITED TO 6 PAX/SESSION)** PERSONALIZED YOGA 60 MINS | \$85/PERSON

> Yoga for back pain Sunset/SunriseYoga Pre-natal Yoga Yoga Nidra Pranayama Meditation

You are welcome to visit Veyo Spa in your bathrobe or comfortable attire. TO MAKE A BOOKING FOR A VEYO EXPERIENCE, PLEASE CONNECT WITHYOUR KATHEEB OR GIVE A CALL TO WOW! OR VISIT US AT VEYO SPA Please arrive 15 minutes ahead of your treatment. Please leave your valuables in your villa. If you are unable to make your treatment, please inform us at least 6 hours prior, in order to avoid full payment. To support a sustainable lifestyle, we humbly request you to use resort slippers whilst at Veyo Spa

Have you changed your mind about your treatment? We require 6 hours' notice. If your cancellation is submitted less than 6 hours, a 50% charge will apply to your booking. If your cancellation request is submitted within less than 3 hours, 100% charge will apply to your booking.

> Veyo Spa is open from 10:00 - 20:00 daily. Prices are in USD and inclusive of 22% government tax and service charge.



HOWTO

#### **CANCELLATION POLICY**

SPA

