



*Palazzo Versace*

DUBAI

The SPA

## PALAZZO VERSACE MOMENTS

### The Ultimate

7 HOURS 30 MINUTES

The ultimate day for pampering with five of our most luxurious treatments. The perfect day to spoil yourself or a loved one. You will enter a world far away from Dubai's bustling city life and reappear relaxed, refreshed and feeling amazing. The ultimate package begins with a chauffeur driven car picking you up from your home in Dubai ensuring you arrive in style for breakfast at Giardino. Your spa treatments will begin at 10am, starting with the Signature Hammam ritual followed by the Ceremonial Massage. A delicious 2-course lunch will be served in either Vanitas or a private cabana by the pool. The Radiance facial begins in the afternoon followed by a blow-dry and a luxury manicure and pedicure with a glass of Champagne or mocktail of your choice to complete your day. To make sure your journey home is as special as your arrival, our chauffeur will be waiting to escort you home.

**Includes:** Chauffeur driven car to and from the hotel within Dubai, breakfast, Signature Hammam, Ceremonial Massage, 2 course lunch, Radiance facial, Blow-dry, Manicure, Pedicure, glass of champagne or mocktail.

### 24K

120 MINUTES

A decadent ceremony for full body indulgence. Begin this unique ritual with a lavish body exfoliation, skin brightening cocoon and golden scalp treatment. Continue the experience with a 24 carat gold dust massage and complete the journey with the Radiance facial for the ultimate youthful glow with visible firming and lifting results.

**Includes:** Body scrub, body wrap, gold massage and Radiance facial.

### Gold and Caviar

90 MINUTES

A sublime regenerative facial with intense green caviar and 24 carat gold trace elements to transcend, repair and revamp your skin. The use of a special vitaskin ultrasound penetrates on a cellular level to create unsurpassable and exotic results using the power of Swiss anti-ageing excellence.

## SKINCARE SPECIALITIES

### Rejuvenating Rose

60 MINUTES

An exquisite facial comprising of honey and rose elixir specially made for The SPA. Your journey starts with a deep cleanse and beautiful bamboo peeling exfoliation. A rejuvenating massage, with an application of nutrient rich serum and essential oils, defies the signs of ageing.

### Gold and Caviar

90 MINUTES

A sublime regenerative facial with intense green caviar and 24 carat gold trace elements to transcend, repair and revamp your skin. The use of a special vitaskin ultrasound penetrates on a cellular level to create unsurpassable and exotic results using the power of Swiss anti-ageing excellence.

### White Silk

90 MINUTES

An extraordinary brightening treatment with active fruit derived Alpha Hydroxy Acids to treat hyperpigmentation, block melanin production, and reduce surface damage and dark spots. To restore radiance an illuminating veil is applied to your skin to close the treatment, leaving an illuminous glow.

### Golden Glow

90 MINUTES

The ultimate decadence facial created exclusively for Palazzo Versace Dubai. Combining plumping pure collagen and 24 carat gold leaf, this treatment provides the ultimate youthful glow with visible firming and lifting results.

### Crystal Skin

60 MINUTES

A treatment specifically designed to address the needs of combination to oily skin. A beautiful bamboo peeling followed by meticulous extractions to eliminate impurities leaving your skin refreshed. The natural barrier of your skin is restored by a mist of purity lotion and an application of our intensive purity mask.

### Radiance

60 MINUTES

Instant radiance for devitalised skin. The combination of unique organic golden millet oil complex and 24 carat gold dust regenerates your skin, stimulates cell renewal and restores radiance.

## MASSAGE CEREMONIES

### Sleep

60/90 MINUTES

Enter your treatment room, beautifully scented in tranquility. An extraordinary blend of nineteen of the purest essential oils including English lavender, sweet basil and jasmine which was blended with one purpose: to induce deep sleep. Your treatment begins with peaceful meditation music, reflexology and breathing techniques. Throughout, we drizzle the intensive skin treatment candle oil over your body, including key stress relieving points on your head, face, neck and back, using the very best techniques of shiatsu, cranio, Thai massage and trigger point work. Prepare to be lost in a blissful state, ready for a deep night's sleep.

### Kundalini Soul Nurturing Back Treatment

75 MINUTES

Soothing. Restorative. Profound. Ideal for emotionally exhausted souls, this nurturing treatment has an extraordinarily restorative effect on the sympathetic and parasympathetic nervous systems. Chakra and sound healing activate and channel the Kundalini – the dormant energy at the base of the spine, tension is lifted, negativity is released and the body is brought back to a state of awareness and balance.

### Thai Massage

90/120 MINUTES

A specialised oil free massage consisting of slow, rhythmic compressions and stretches along your body's energy lines. Thai massage combines the use of thumbs, palms, forearms, elbows and foot pressure as your therapist works to free tension within your body. Your skilled therapist will stretch and position your body to manipulate pressure points and meridians balancing your energy flow.

### Ku Nye Massage

90 MINUTES

Tension-releasing. Harmonising. Revitalising. This Tibetan body treatment balances the five elements to restore a harmonious flow of energy and vitality. A blend of five essential oils work together to stabilise the five sensory organs, while Tibetan techniques – cupping, kneading with the use of warm crystals and poultices. Acupressure techniques help release physical and mental tension, harmonising from the tips of your toes to the crown of your head.

### De-stress

60/90 MINUTES

The complex blend of 24 of the purest essential oils including lavender, jasmine & Brazilian rosewood creates a de-stressing environment the moment you enter your room, with peaceful meditation music, reflexology and breathing techniques. Throughout we drizzle the intensive skin treatment candle oil over your body and provide specialist massage to key stress relieving points of your head, face, neck and back. We harness the very best techniques of shiatsu, cranio, Thai massage and trigger point work. The treatment allows tension to drift away and for a calm new you to be uncovered.

## **Ceremonial Massage**

**60 MINUTES**

Drawing on the Hammam rituals, the Ceremonial Massage is a relaxing and hydrating treatment for your whole body. You will experience a full body massage utilising the incredibly aromatic Onguent d'Argan, a melting and nourishing body balm, made with Argan Oil and Monoi butter. Your treatment will finish with a firming and lifting massage for the décolleté using the incredibly hydrating Roses de Sucre cream.

## **Hot Stone Massage**

**90/120 MINUTES**

A classic massage which uses the ancient art of healing with basalt stones. The heat from the stones releases tension in tight, tired muscles and aids your body's own detoxification process. The use of both stones and the therapist's hands allows for the perfect combination of pure relaxation.

## **Reflexology**

**60 MINUTES**

An ancient Chinese pressure point massage of the feet to target reflex zones that correspond to organs within your body. Reflexology stimulates energy meridians to relax and promote a sense of balanced and reawakened energy. We begin this ceremony with a refreshing foot scrub.

## **Pregnancy Massage**

**60 MINUTES**

A rosehip seed and argan massage oil infused with extracts of lavender, geranium and rose brings peace and harmony to both mother and baby. Himalayan herb poultices are gently massaged into marma and meridian points to relieve aches and pains. Anxiety is lifted, while dry skin is replenished and supported in the fight against stretch marks.

\* Bookings recommended only after the first trimester.

## ARABIAN RITUALS

Our Hammam rituals provide you with a spirited and cultured environment in which to relax, revive and refresh your mind and soften your skin. You will be experiencing purifying and detoxifying luxury rituals inspired by age old Middle Eastern ancestral beauty customs. Hammam translates as "spreader of warmth" and has played a significant part in Moroccan culture for many years. These beauty rituals involve steaming, scrubbing and massaging the skin until it glows.

### Traditional Hammam

60 MINUTES

Your Traditional Hammam treatment consists of a 60 minute Hammam ritual that includes a black soap application, an ultra purifying full body exfoliation with a traditional Kessa glove combined with a detoxifying body scrub. This is followed by a soothing soaping with orange blossom infused shower milk and traditional stretching to complete your ritual.

### Signature Hammam

90 MINUTES

Your relaxing Signature Hammam consists of the benefits of the Traditional Hammam including an application of black soap, full body exfoliation, scalp massage and hair washing ritual ending with an aromatic application of Onguent d'Argan nourishing body balm and traditional stretching.

### Ceremonial Hammam

120 MINUTES

Your luxury experience consists of a Traditional Hammam ritual which includes the black soap application, full body exfoliation with Miel d'Ambre scrub, scalp massage and hair washing ritual completing the Hammam with the traditional stretching. You will be escorted into a private treatment room filled with mesmerising scents of Morocco to continue your ritual with the ceremonial massage.

### The Ultimate

7 HOURS 30 MINUTES

The ultimate day for pampering with five of our most luxurious treatments. The perfect day to spoil yourself or a loved one. You will enter a world far away from Dubai's bustling city life and reappear relaxed, refreshed and feeling amazing. The ultimate package begins with a chauffeur driven car picking you up from your home in Dubai ensuring you arrive in style for breakfast at Giardino. Your spa treatments will begin at 10am, starting with the Signature Hammam ritual followed by the Ceremonial Massage. A delicious 2-course lunch will be served in either Vanitas or a private cabana by the pool. The Radiance facial begins in the afternoon followed by a blow-dry and a luxury manicure and pedicure with a glass of Champagne or mocktail of your choice to complete your day. To make sure your journey home is as special as your arrival, our chauffeur will be waiting to escort you home.

**Includes:** Chauffeur driven car to and from the hotel within Dubai, breakfast, Signature Hammam, Ceremonial Massage, 2 course lunch, Radiance facial, Blow-dry, Manicure, Pedicure, glass of champagne or mocktail.

*To make the most of your Hammam experience and support the benefits of your ritual, we recommend you arrive 30 minutes prior to your scheduled time. Please be informed that late arrival will deprive you of your full treatment time and as a courtesy to the next guest, your appointment will end as originally scheduled. For your convenience a robe, towels and slippers will be provided. During all treatments you will be perfectly draped to ensure complete privacy.*

## BODY TREATMENTS

### Flavours of Salt

30 MINUTES

As exquisite as it is holistic, this custom-made treatment is designed around you. Choose from seven blended essential oils and your therapist will mix it to the Himalayan salt crystals creating a personalised body scrub. Your body will be nourished and your skin is left with a beautiful glow.

### Blissful Body Renewal

60 MINUTES

Drawing on the healing properties of Himalayan salt crystals, this heavenly body scrub nourishes both body and emotional wellbeing – ideal for when special pampering is required. Pure essential oils of damascena rose otto, jasmine and sandalwood work directly with your sensory organs to settle the nervous system and revive stressed or neglected cells. Your skin is left glowing with health and a sense of joy is restored.

### Energise

90 MINUTES

Using changes in temperature, speed-of-touch and different textures this treatment begins with a body scrub rich in invigorating oils of wild mint and mandarin. Your skin will be buffed head-to-toe, left feeling amazingly uplifted and ready to be fully enveloped in an energising cream clay wrap. The stimulating essential oils of grapefruit, lemon and rosemary penetrate the skin and allow for detoxification, whilst you experience a mini face and scalp pressure point massage plus specialist reflexology techniques. This treatment allows you to stop, unplug and then reboot.

**Includes:** Body scrub, body wrap, face and scalp massage.

### Cleopatra's Charm

75 MINUTES

Regal treatment reminiscent of Cleopatra's favorite beauty ritual uses Swiss milk to nourish your skin. Your body wrap incorporates powerful Cassein, contained with milk along with an exotic elixir of a variety of three clays. Your skin is highly nourished and hydration is beautifully restored.

**Includes:** Body scrub and body wrap.

### Oriental Royal Rose

75 MINUTES

Our age defying ritual uses beautiful Damascan rose to rehydrate and soothe your skin. Pink clay found within the mountains gently removes impurities from your body while allowing moisture to be retained. Active anti-ageing ingredients completes the restorative process and a precious combination of royal jelly, honey, propolis and essential oils allow for optimal results.

**Includes:** Body scrub and body wrap.

### Dead Sea Release

75 MINUTES

Highly mineralized Dead Sea mud eliminates muscular tensions and relieves joint pains. Highly recommended for sufferers from rheumatoid arthritis, eczema and psoriasis. The suppleness concentrate and its essential oil extracts are delivered and assimilated into your body.

**Includes:** Body scrub and body wrap.

# RITUALS

## Bio Rhythms Treatment

120 MINUTES

This powerful treatment aims to restore your body's natural biorhythms: great for alleviating jet lag or supporting a detox or cleanse. An ionising energy scrub and mud wrap charge and renew your body's bio-magnetic field; a head and face marma massage relaxes; a Kundalini back massage balances tension and negativity. Together they aid the removal of waste and toxins, energise skin and restore your nervous system.

**Includes:** Body scrub, body wrap and back massage.

## Pearl, Jasmine and Amethyst

120 MINUTES

Fatigue and energy depletion is one of the biggest disorders troubling today's societies. This amazing pearl and jasmine Himalayan salt crystal scrub has the immediate effect of restoring vitality and energy levels, mental clarity, wellbeing and strength. The amethyst gel body wrap relaxes and balances your nervous system, stimulating circulation, regeneration of skin cells and cell growth.

**Includes:** Body scrub, body wrap, massage and facial.

## Love is...

150 MINUTES

Designed for couples to experience together, this sensual ritual helps calm the nervous system and promotes reconnection on a physical, emotional and spiritual level. Focusing on the heart, sacral and crown chakras, it draws on the strength of three exquisite oils: Rose, the oil of love. Orange blossom, bliss and Jasmine, to inspire the feelings of love. This treatment encourages a beautiful union of body, mind and soul in a comfort of our luxury spa suite including private jacuzzi and relaxation time.

**Includes:** Jacuzzi and body massage.

## Slimming Cure

With this course of slimming over three days, long-lasting and exceptional results are obtained. Our natural and highly concentrated active ingredients, strongly detoxify and drain the body for unsurpassable results.

Day 1. Swiss salt detox body wrap and slimming lympho rolling massage

Day 2. Lympho rolling massage and lipo draining cryofit wrap

Day 3. Lympho rolling massage

## Facial Cure

Dedicate two days to your skin and relish in the amazing results. This two day facial cure fights the signs of ageing while boosting cell regeneration using powerful Swiss anti-ageing ingredients and excellence.

Day 1. Rejuvenating Rose

Day 2. Cellular Gold & Caviar



## ENHANCEMENTS

### Oxygen Therapy

20 MINUTES

In a world where we are very limited to inhaling natural oxygen from natural sources, oxygen therapy offers the perfect solution to maintaining health, wellbeing and equilibrium. Oxygen is perfect for relieving stress and relaxing those who find it difficult to switch off and unwind. It has been clinically proven that inhaling 20 minutes of Oxygen is the equivalent to 2 hours of sleep.

\* Add this service to any treatment.

### Age Defying

30 MINUTES

This facial add-on works by combining ultrasound and galvanic technologies to effectively dilate the pores for a deeper removal of impurities in the skin. This is an amazing anti-ageing system that leaves the skin purified and cells reactivated.

\*Add to any facial to boost the effects.

### Bliss Facial

30 MINUTES

The key of this express facial is the Amazonian elixir, which is a bespoke holistic blend of four Amazonian plant extracts: acmella, paffia, marapuama and white lily. This unique blend of bio-active raw ingredients are blended into bespoke formulations that support and encourage the skin's natural regeneration processes.

### Eye Indulgence

30 MINUTES

Focusing on the often-ignored eye region, this gentle yet powerful treatment uses marma point stimulation, eye exercises and a hydrating mask to relieve tension, reduce dark circles and restore radiance and sparkle.

### Extraction

30 MINUTES

Facial extractions are performed during the steaming process of a facial. The steam will relax and open pores, making the blackhead extraction easy. After the extraction process your skin will be calmed using a toner to close the pores.

\*Add to any 60 minute facial for a deep cleanse.

### Back and Shoulder Recovery

30 MINUTES

Using a unique blend of jasmine, patchouli and cardamom, this Tibetan-style massage combines gentle cupping and kneading to stimulate the flow of energy along your spine and strengthen your nervous system.

### Scalp and Hair Reviver

30 MINUTES

Combining scrub, mask and acupressure, this invigorating and restorative treatment relieves tension in your head and neck whilst nourishing your hair and hair follicles with vital minerals and oils.

**NB:** Due to the green clay mask, this treatment is not suitable for those with blonde or bleached hair.

## NAIL STUDIO

Our Manicure and Pedicure treatments are carried out with sought after luxury products and expert techniques that will leave you with healthy, beautiful hands and feet.

### Luxury Manicure

**60 MINUTES**

A signature anti-ageing manicure treatment. Giving outstanding results for hands and nails, with the indulgence of luxury products, a soothing hand and arm massage and a touch of glamour finishing with an application of golden body shimmer oil.

### Luxury Pedicure

**75 MINUTES**

A signature pedicure treatment. Giving outstanding long lasting results, with the indulgence of luxury products, a refreshing foot bath and wonderful relaxing foot massage. Add a touch of glamour finishing with an application of golden body shimmer oil.

### Manicure

**45 MINUTES**

A thorough dry manicure utilising award-winning products, for people on the go. Indulge in this experience and revamp your nails with a quick and easy hand makeover.

### Pedicure

**45 MINUTES**

A pampering treatment for your hard working feet using award-winning products. Relax as we give your nails a complete makeover with this quick and easy treatment.

### Shape & Polish

**30 MINUTES**


### Shape & French Polish

**30 MINUTES**



Palazzo Versace Dubai, Culture Village, Al Jadaf, PO Box 128431, Dubai, UAE  
T: +971 4 556 8750 F: +971 4 556 8899 | [spa@palazzooversace.ae](mailto:spa@palazzooversace.ae) | [www.palazzooversace.ae](http://www.palazzooversace.ae)

 /PalazzoVersaceDubai

 @PalazzoVersace

 /palazzooversacedubai