



PRINCESS D'ANNAM
RESORT & SPA

The Spa Menu

PRINCESS ANNAM welcomes ritual:
All our spa treatments begin with an aromatic refreshing foot bath & foot scrub

Lavish yourself with a most unique experience that leaves the body with a centered feeling of peace and revitalization. It's pure indulgence, a total state of wellbeing.



PRINCESS D'ANNAM
RESORT & SPA

Terms & Conditions

To make your Spa journey toward a treasured experience we recommend you the following steps:

Spa Opening Hours

The Spa is open from 10.00 am - 21.30 pm, only foot massage can be accepted until 22.00 pm at the latest.

Spa Booking

We suggest you to book the treatment at least one day before to avoid disappointment.

Spa Etiquette

- o For your and other guests convenience please switch off your mobile phone and any electronic devices.
- o Please note we say 'NO' to smoking in the Spa area.
- o Consumption of alcohol within the spa is strictly prohibited.
- o All treatments are based on a strictly clean & therapeutic approach. The management reserves the right to remove any guest from The Spa premises for inappropriate behavior even though she/he was charged for the treatment.

Spa Arrival

- o Please arrive to the Spa 15 minutes earlier to your treatment for total relaxation.
- o Should you arrive late for your scheduled appointment we will do our best to accommodate you, though the duration of the treatment may be shortened or it may be rescheduled.
- o Gentlemen are advised to shave 3 hour prior to facial treatment.
- o To further the treatment process it is recommended to relax for at least 30 minutes after any spa treatments.
- o We recommend that no jewelry be worn at The Spa and The Management accept no responsibilities for the loss of money or valuables brought to The Spa.



PRINCESS D'ANNAM
RESORT & SPA

Payment & Refund Policy

- o No cash payment is accepted, all charges will be credited to your room.
- o All the treatments in The Spa are non-refundable, non-transferable & non exchangeable
- o All the above rates quoted are in VND and inclusive of Government taxes & Service charge
- o Prices are subject to change without prior notice

Special Consideration

- o Guest who is pregnant, have high blood pressure or have any other medical complications are advised to consult the doctor before using spa facilities and treatments.
- o The management shall not be responsible for any unforeseen allergic reaction from the treatment received.
- o Children under 16 years old are not permitted to use the facilities of The Spa.

Cancellation Policy

- o As a courtesy to other guests and our therapists, please give us at least a 3 hour notice if must cancel the appointment.
- o Please note that there is a cancellation fee of 50% if the treatment is cancelled less than 3 hours prior to the appointment.
- o Likewise no shows will be charged at 100% of the treatment price.



PRINCESS D'ANNAM
RESORT & SPA

Ultimate Spa Packages.....	03
Facial.....	06
Body Scrub & Facial, customized fruit marmalade.....	07
Body Care (scrub)	08
Body Care (wrap).....	09
Body Massage Therapies.....	10
Hands & Feet.....	13
Hair.....	14
Quick Revival.....	15
Spa Wellness & Spa Cuisine.....	16



PRINCESS D'ANNAM
RESORT & SPA

Ultimate Spa Packages

Princess Signature

The Signature package is based on some unique features of body and beauty care. Your ultimate beauty journey will be completed with signature massage to rejuvenate your body & spirit.

- o A 60 minutes therapeutic body Massage of your choice
- o A body scrub of your choice
- o A body wrap of your choice
- o A facial according to the skin type and skin needs
- o Manicure or pedicure

4 hours 30 minutes

VND 5.330.000

A Journey to Tranquility

Soothe your tired muscle & restore your vitality with a unique body care combining natural, traditional ingredients from Vietnam & recovery Jet Lag Massage. Recommended for tired muscle after long trip.

- o Herbal Healing Body Wrap
- o Herbal compress
- o Recovery 60 minutes Jet Lag massage
- o Purifying Facial
- o Hair Wash & Style

4 hours

VND 4.580.000

Ke Ga Harmony

Experience the ultimate body pampering designed for your total wellbeing with series of beauty ritual to bring your senses back to inner balance.

- o A 60 minutes therapeutic body massage of your choice
- o A facial according to the skin type and skin needs
- o Foot Acupressure

3 hours

VND 3.410.000



PRINCESS D'ANNAM
RESORT & SPA

Ke Ga Inspiration

A superb body treatment using home ground ingredients from Ke Ga to give you a total rejuvenation feeling for body & soul, exclusively created for the new of you.

- o A body scrub or body wrap of your choice
- o 60 minutes Vietnamese traditional Massage
- o Hair Wash & Style

3 hours

VND 3.410.000

Beauty Ritual of The Royal

Indulge yourself with our signature royal package, inspired by the secret of traditional beauty recipes from North & South Vietnam, an exclusive ritual to awaken your senses and rejuvenate your total wellbeing.

- o Mekong Massage
- o Secret of Indochina Facial

2 hours

VND 2.880.000

Hours Away

Special designed to give you supreme relaxation after long trip with selected natural healing properties & massage technique focused on neck, head & legs to relieve fatigue & mental exhaustion. Unwind as your air travel or long trip fatigue float away.

- o Stimulating Back, Shoulder & Head Massage
- o After Sun or Before Sun Facial
- o Revitalizing foot massage

2 hours 30 minutes

VND 2.770.000



PRINCESS D'ANNAM
RESORT & SPA

Back Beauty

Back is one of the most hard to reach yet extremely important area in our body. Let us take care of your back, where our therapist will exfoliate and massage the area followed by a cooling mud mask.

- o Energizing back massage
- o Reviving back coffee scrub
- o Nourishing back mud mask

1 hour 30 minutes

VND 1.700.000

**Everlasting
(Him & Her Package)**

Share the ultimate moment with this luxurious treatment. Let us drift two of you into a blissful state of romantic sensation.

- o A 60 minutes therapeutic body massage for two
- o Purifying Facial for two
- o Foot massage for Him & hair spa for Her

3 hours

VND 6.070.000





PRINCESS D'ANNAM
RESORT & SPA

Facial

Magnificent Vietnamese Aloe, recommended for all skin type with natural cooling effect.

Cooling Cucumber, recommended for sensitive or oily skin to control secretion of sebum while promoting new cell growth.

Carrot Glimmer, packed with vitamin A and Beta Carotene to remove skin blemishes and restore its natural Ph balance.

60 minutes **VND 1.530.000**

Age Defying Firming Facial

A rich and nourishing facial treatment effectively combating the signs of premature aging and wrinkles with pure selected ingredients to gives skin maximum comfort and a ultimate skin care.

Purifying Facial

Formulated for relaxation, drainage and activation of the skin's metabolism while calming & soothe the senses. Recommended for acne and sensitive skin.

After Sun Restorative Facial

Healing skin care to relieve redness & irritation after the sun. Recommended for environmentally damaged skin. Feel the softness of the skin after this luxurious therapy.

Before Sun Protective Facial

An immediate beautifying face treatment, resulting in velvety and total skin protection. Smile with a glowing before you enjoy the perfect sun.

60 minutes **VND 1.660.000**

Secret of Indochina Facial

Formerly the women of the North of Vietnam used the green roller jade during cold and rough climate to allow smooth features and for anti aging treatment. This ancestral method kept hidden in the utmost secrecy of their traditional recipes and now Princess D'Annam exclusively reveals it for the beauty of you.

60 minutes **VND 1.790.000**



PRINCESS D'ANNAM
RESORT & SPA

Customized Marmalade Spa Package

Body scrub & facial treatment with fruit marmalade

Mango

An exfoliating blend of mango, extremely high in Vitamin A & C, Beta Carotene. A high antioxidant property agent to reduce degeneration of skin cells. Recommended to improve complexion & treats sunburn.

Raspberry

Formulated to brighten the skin, control melanin production, collagen synthesis & reduce signs of aging. Rich in minerals, vitamin B, C & Omega 3, result in healthy & radiant complexion. Recommended for brightening effect.

Guava

Rich in fatty acids & minerals, high antioxidant & astringent properties as well as antimicrobial. It helps tone up & tighten loosened skin. Recommended for congested skin.

All marmalade spa packages 120 minutes - VND 2.690.000





PRINCESS D'ANNAM
RESORT & SPA

Body Care: Scrub

Be pampered with Princess secret garden selections using only natural fresh local fruits & ingredients.

Coconut Cocoon

Coconut has been known for its multidimensional properties in Asian countries for many years. By using few of its nutritional properties we came up with an excellent body polish for even very sensitive skin. Enjoy the richness of coconut milk being polished carefully on your skin, while the skin turns silky smooth.

Papaya Elixir

Enveloped by ripe Papaya, let the skin absorb the enzymes and vitamins of the fruit to work its optimum level which leaves your skin soft and radiant. Enjoy a relaxing head massage while the whole procedure is on.

Coffee Purifier Body Glow

Finely ground Vietnamese coffee peeling to penetrate through and to shed the top most layer of the skin. This polish will help to regenerate new cell & award back its lost glow. Also recommended to reduce cellulite problem. Complete with fresh milk splash on the skin to bring a healthy radiance.

Sparkling with Sesame

Formulated to extract oil from the seeds by rubbing them over the skin, while using the seed crust and oil as a natural exfoliator to remove dead cells, provide the skin with infinite smoothness & perfection.

50 minutes

VND 1.530.000



PRINCESS D'ANNAM
RESORT & SPA

Body Care: Wrap

Be pampered with Princess secret garden selections using only natural fresh local fruits & ingredients.

After Sun Cucumber Body Wrap

On the sea shore getting sunburned is not an uncommon matter. In such condition Cucumber is ideal for cooling, soothing and rejuvenating sun damaged and tormented skin.

Dragon Fruits Indulgence

Awaken your spirit, feel the softness of the skin after our very special home made body therapy from dragon fruit. Deep nourishing properties, high antioxidant vital for the control of free radicals, astringent & vitamin C to tone the skin.

Mineral Mud Mask

Complete your exclusive beauty experience with a special body care from mineral mud mask. The result includes improved health, increased energy vitality and a reduction in toxin and chemical build up.

Healing Herbal

Specially designed from selected ground Vietnamese herbs to promote blood circulation, remove tension & tired muscle. Recommended for flu & cold weather.

Mixed Tropical Fruits & Yoghurt Body Splash

An extravagance refreshing body care from highly selected Vietnamese tropical fruits extremely rich in vitamins to refresh & nourish the skin. Recommended to improve complexion, prevent skin dryness & formation of wrinkles.

50 minutes

VND 1.530.000



PRINCESS D'ANNAM
RESORT & SPA

Body Massage Therapies

Synchronized Massage

A specialized massage created to have ultimate ecstasy for body and mind. Feel the unique fusion of 4 trained hands, blended together to soothe your tired muscles and lift your energy level to reach your peak.

90 minutes **VND 3.730.000**

Princess Signature Massage

Feel the rhythm of thousand waves over your body in our signature massage, where carefully selected massage techniques and aromatherapy oils will restore your overall sense of well-being.

90 minutes **VND 1.920.000**

Thai Massage

Thai massage is one of the ancient healing arts of traditional Thai Medicine. The body is been pressed, stretched, and twisted focusing on body's main Sen or Energy channels, to release any energy blockage.

90 minutes **VND 1.920.000**

Lymphatic Drainage Massage

A holistic approach to promote a healthy lymphatic system and help the body produces a free-flowing lymphatic system, to reduce blockage, as well as other bodily system such as the circulatory, respiratory, muscular and endocrine system.

90 minutes **VND 1.920.000**

Marma Massage

Marma are centers for vital force Prana, the master power behind life process of human body and an important diagnostic tool in Ayurveda. At marma sites toxins, stress and negative emotions get blocked sometimes for years, causing diseases, swelling, pain, etc. Enjoy this special Ayurvedic body work where therapist will focus on marma sites to stimulate, adjust and improve energy flow.

75 minutes **VND 1.680.000**



PRINCESS D'ANNAM
RESORT & SPA

Deep Tissue Massage

A therapeutic massage therapy that works by physically breaking down the adhesions to relieve pain and restore normal movement. focuses on realigning deeper layers of muscles and connective tissue. Very helpful for chronically tense and contracted areas such as stiff necks, low back, tightness and sore shoulders.

90 minutes VND 1.920.000

Mekong Massage

Inspired by an initiatory journey through the meanders of the Mekong and its luxuriant jungle. Combination of gliding waves, movements of cat paws, wings of butterfly are the souvenirs of this wild nature specially created to soothe your inner senses, tone your muscle & restore your energy.

60 minutes VND 1.700.000

Vietnamese Massage

A traditional massage from Vietnam combining pressure points, long strokes & muscle stimulation to promote a deep state of relaxation and to reduce stress & tension.

60 minutes VND 1.490.000

90 minutes VND 1.920.000

Jet lag Massage

Even the ardent travelers need to lighten their body mind and soul. A treatment where selected oil with defined massage strokes will help to regain balance in the flow of energy throughout the body

60 minutes VND 1.490.000

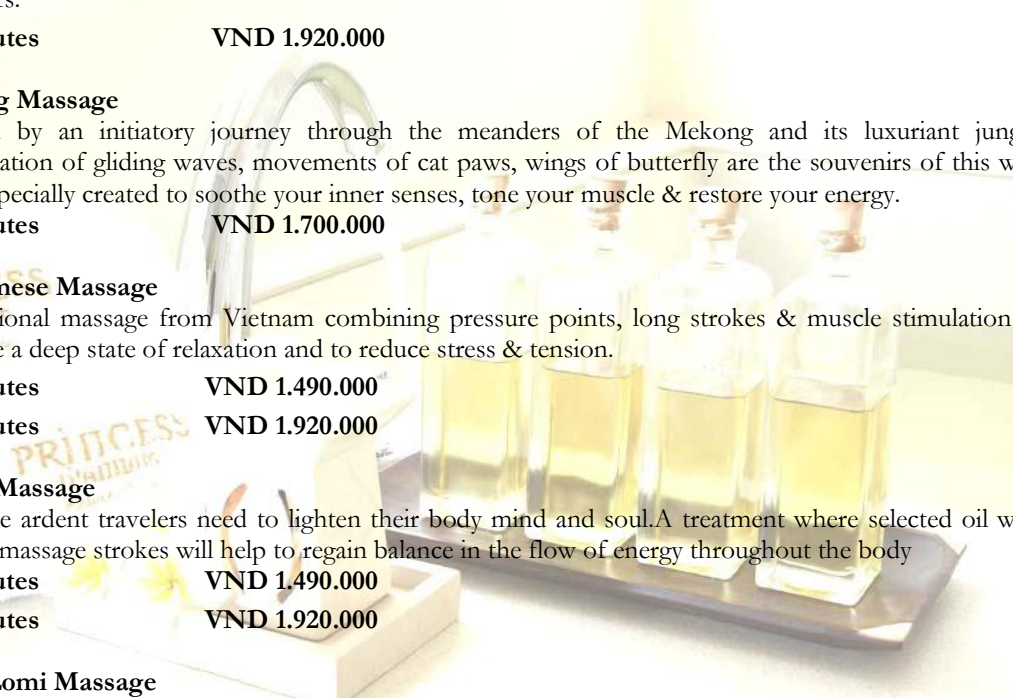
90 minutes VND 1.920.000

Lomi-Lomi Massage

Adapted from traditional Hawaiian massage, this therapeutic relaxing therapy using rhythmic forearms and elbow movement with a variety of massage strokes to relieve energy blockage in body, improves physical and calming the nerves.

60 minutes VND 1.490.000

90 minutes VND 1.920.000





PRINCESS D'ANNAM
RESORT & SPA

Foot Massage

A therapy dedicated to the most neglected but largely exerted part of our body - LEGS. This invigorating and revitalizing massage will leave your legs light & rejuvenated.

60 minutes

VND 1.170.000

Su Jok Hands Accupressure

“Su” means a hand, and “Jok” means a foot in Korean. This therapy describes the systems of correspondence of hands which are panels of remote control of a person’s health and as a kind of a small clinic which cure the body’s illnesses in a natural way.

60 minutes

VND 630.000





PRINCESS D'ANNAM
RESORT & SPA

Hands & Feet

Manicure & Pedicure

Everybody dream about a well cared hand where the nails will be immaculately manicured with no sign of dry cuticles. Our therapist will assist you to make that dream come true.

Manicure	60 minutes	VND 900.000
Pedicure	60 minutes	VND 1.020.000
Manicure and Pedicure	120 minutes	VND 1.890.000
Manicure	35 minutes	VND 640.000
Pedicure	35 minutes	VND 745.000
Manicure & Pedicure	70 minutes	VND 1.280.000

Flash Fix

Especially designed for those who are in constant move. The hands will be filed, scrubbed and massaged with care.

30 minutes VND 530.000

File & Polish

Old nail polish and chipped nails are not in vogue, so let us take the opportunity to fix it quickly!

30 minutes VND 530.000



PRINCESS D'ANNAM
RESORT & SPA

Hair

Wash & Blow Dry

Short
Shoulder length
Long

(60 minutes)

VND 520.000
VND 640.000
VND 770.000

Hair Spa

Short
Shoulder length
Long

(60 minutes)

VND 900.000
VND 1.150.000
VND 1.400.000

Hair Cut

Shampoo, Cut & Blow Dry

Short
Shoulder length
Long

(60 minutes)

VND 770.000
VND 1.000.000
VND 1.280.000

Nail painting VND 500.000
Hair braiding short VND 630.000
Hair braiding shoulder length VND 760.000
Hair braiding long VND 880.000



PRINCESS D'ANNAM
RESORT & SPA

Quick Revival

Relaxing Back, Shoulder & Head Massage

35 minutes – VND 850.000

Inner Balance Foot Therapy

35 minutes – VND 750.000

Refresher Facial

45 minutes – VND 960.000





PRINCESS D'ANNAM
RESORT & SPA

Spa Wellness (24 hours notice)

- Tai Chi
- Meditation
- Breathing Exercise
- Music Therapy
- Zen Meditation

1 hour VND 470.000

- Introduction to Yoga

1 hour VND 690.000

Spa Cuisine

Spa Juice VND 140.000

- **Energizing:** Lemongrass & ginger juice
- **Cleansing:** Pineapple & ginger juice
- **Tonic:** Mango lassic

Spa Salad

- Grilled apple & tofu salad with raisins and almonds dressing
VND 290.000

- Wild rice & citrus fruit salad with coconut shavings
VND 320.000

Parmesan, figs & pomegranate with green leaves & apple balsamic dressing
VND 320.000

- Light cheeses platter with oat biscuits
VND 420.000

Spa Soup

- Pineapple Soup **VND 230.000**
- Spinach soup **VND 290.000**

Note:

All the above rates quoted are in VND and inclusive of Government taxes & Service charge

Prices are subject to change without prior notice